

# Welcome to Creative Chiropractic Solutions



**This booklet is intended to help you better understand Chiropractic Care.**



**A mind is like a parachute, it only works when open!**

# What is Health?

According to Dorlund's Medical Dictionary, Health is defined as a state of optimal physical, mental and social well-being;

**NOT**

merely the absence of symptoms.



## What Chiropractic is NOT!

- Chiropractic is not the use of drugs and/or surgery.



- Chiropractic is not the treatment of symptoms.



- It is not an alternative to medicine.

# What Chiropractic Is:

Chiropractic is a science, philosophy, and art dealing with the correction of interference to the nervous system thereby allowing the power within the body to flow from the brain to the tissue cells unrestricted.

Once this power is allowed to flow unrestricted then the body has a better capability to heal.

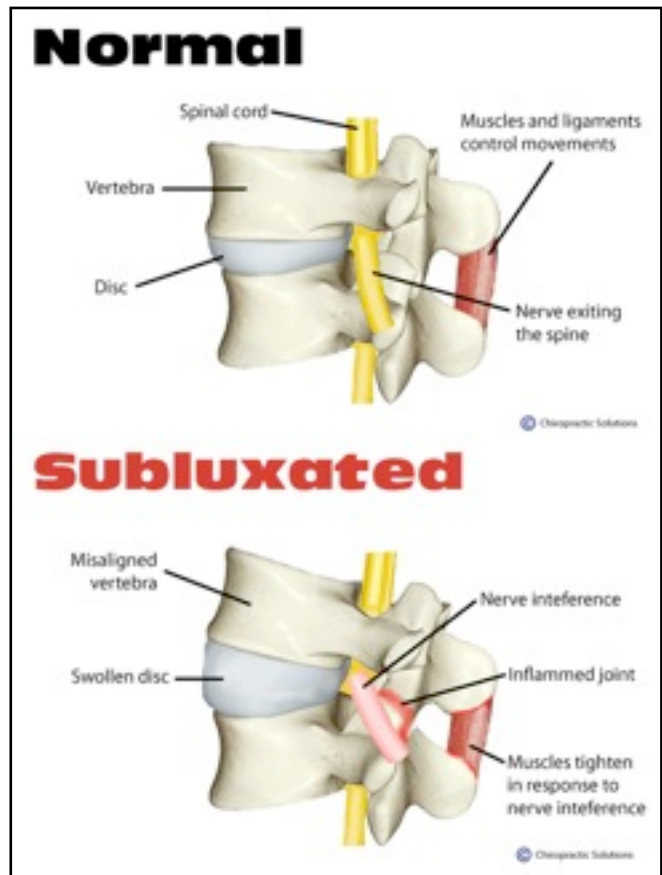


## The Science of Chiropractic

The Chiropractor gently adjusts misaligned vertebrae repeatedly to correct any interference to the nervous system

This is accomplished by usually palpating the body to feel the misalignment and then reproducing this adjustment so the vertebrae can re-train themselves to a more aligned and normal position.

The interference at the spinal level is called a Vertebral Subluxation.



## The Philosophy of Chiropractic

The principles behind Chiropractic are based upon universal truths.

- There is a universal intelligence that controls and coordinates all matter
- The expression of this intelligence in man is called innate intelligence
- Physically, that intelligence runs from the brain down the spine and out the nerves to the tissues of the body.
- Any interference to this intelligence causes the body not to function at its best level.
- Once the interference is corrected with Chiropractic adjustments, proper life is restored to the body and divine healing can begin.



## The Art of Chiropractic

- The Chiropractor gently and skillfully sets the vertebrae in motion to allow the innate intelligence to re-align the spine.
- The procedure of correction takes time, repetition, and effort.
- Each person is different and the Chiropractor's knowledge and art assists in determining how often a person should be checked.

- Many times sleeping babies are adjusted so gently that they do not even wake up



## The Differences Between Chiropractic and Medicine

### Medicine

- Emergency care
- Only treats symptoms
- Doctor tries to do the healing
- Governed by the drug industry and insurance companies
- Removes hope when treatment fails

### Chiropractic

- Health and wellness care
- Corrects the cause of dis-ease
- Honors the innate intelligence's ability to heal
- Governed by universal truths
- Always gives hope

Which type of care REALLY allows the body to be healthy?

**The Vertebral Subluxation is always devastating  
but  
Not always painful.**



**Even Chiropractors cannot tell when they  
themselves have a subluxation. They need to be  
checked by other Chiropractors.**



# **Successful Chiropractic Patients:**

**Take responsibility for their health by:**

- 1. Eating healthy**
- 2. Exercising**
- 3. Getting proper rest**
- 4. Having a positive mental attitude**
- 5. Getting regular Chiropractic care**

- Understand your symptoms**
- Keep appointments**
- Make up missed appointments**
- Refer family and friends**



## **My Mission is Simple:**

**I move the bone, release the muscle tension, correct the interference  
and the body does the healing.**

**We never refuse a patient based on their condition or financial ability  
to pay as long as they are making health and well-being their first  
priority.**

## **Dr Andrew Fetterman**



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**for more information, check our website:**

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